

Professionals Retreat 2017 - Workshops

We are excited to bring you an incredibly experienced range of experts presenting in their fields of speciality within Eating Disorders. Drawing from the fields of Psychology, Dietetics, Research, Fitness & Service Provision, each workshop and facilitated session will be informative, challenging and supportive of our growth as Health Professionals passionate about Eating Disorder treatment and care.

Yoga & Eating Disorders

Sarah Harry, Psychotherapist, Yoga Teacher
Body Positive Australia, Fat Yoga

HAES-Informed ED Treatment

Fiona Sutherland, Dietitian, Yoga Teacher
Body Positive Australia, The Mindful Dietitian

“Obesity” and EDs - Opportunity or Threat?

Keira Buchanan, Clinical Psychologist, The Centre for Integrative Health Brisbane
Fiona Willer, Dietitian, Health Not Diets

Self Compassion and Eating Disorders

Louise Adams, Clinical Psychologist, Treat Yourself Well Sydney

Mind the Gap - Body Image in higher body weights

Sarah Harry & Fiona Sutherland, Body Positive Australia

Facilitated Discussions will include:

Moving Forward....Where are we at with the Fitness Industry?

Service Provision update

Research Roundup!