

VICTORIA

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Non Diet Approach, Sports Nutrition, Eating Disorders (Adults, Groups - BN, BED)

Dietitian Supervision (Non Diet Approach, EDs)

Terrill Bruere

Discover Health, Eltham ph: 9431 4337

www.discoverhealth.com.au

East Brunswick Medical Centre ph: 9388 1052

Eating Disorders (all ages), NonDiet Approach, PCOS, Womens health

Dietitian Supervision (Non Diet Approach, EDs)

Jo Gibson, Eat Love Live – currently on leave

Melbourne Sports Medicine

Collins St, Melbourne

www.eatlovelive.com.au

Email: jo@eatlovelive.com.au

Ph: 9650 9372, Mob: 0407 822 106

Eating Disorders (all ages), NonDiet Approach

**Also at this practice - Diane Rennard (Eating Disorders Specialists)

Julie Viney, Transform Your Eating

Mooroolbark

Ph 9739 6960

Eating disorders, Non Diet Approach, Womens Health

Zoe Nicholson, Figureate

Malvern, North Melbourne

zoe@figureate.com.au

www.figureate.com.au

Non Diet Approach, Food Intolerance (RPAH elimination diet/FOMAPs/IBS)

Louise Grech, Fresh Approach

www.freshapproach.net.au

Hawthorn, Seddon

Mob 0438 278 838

Eating Disorders, NonDiet Approach

Michelle Robertson

Brighton Psychology Centre, 175 Bay Street, Brighton
Ph: 9596 8844 for appointments or talk to Michelle: 0419 344 682
[Eating Disorders \(all ages\), Non-Diet Approach](#)

Katherine Shone

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Olympic Park Sports Medicine Centre
Ph: 1300 859 887
www.opsmc.com.au

South Yarra Spine & Sports Medicine Centre
Ph: (03) 9826 2122
www.syssm.com.au

[Non Diet Approach, Sports Nutrition, Eating Disorders \(Adults, Athletes\)](#)

Natalie Kowadlo - Core-Nutrition in Balance

601 Dandenong Rd, Armadale, VIC
Ph: 0402 193 593

Areas of work: EDs (males and females), HAES approach , women's health, clinical nutrition, nutrition counselling

Nicole Kopel, Eat In Peace

Camberwell
Mob 0402 085 366
[Eating Disorders \(all ages\), NonDiet Approach](#)

Courtney Pharoah

Cardinia Physio & Fitness, Beaconsfield
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Teri Lichtenstein

St Kilda, Melbourne
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Ph: 95340611
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[Non Diet Approach, Sports Nutrition](#)

Julia Kent-Hughes

Caulfield Community Health, Melbourne
(03) 9076 6666 (reception)
[Non Diet Approach, General nutrition, malnutrition \(home visits\), gastro/gut, diabetes.](#)

Louise Heta, Deanna Penna

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Non Diet Approach, Sports Dietitian, Disordered Eating

Angela Tremayne

figureate: Dietitians who love food

27 Sydney Road Coburg, VIC 3058

0410 555 867

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NonDiet Approach, general nutrition

Heidi Sze, Gather & Grow Nutrition

Mornington, Victoria

heididietitian@gmail.com

NonDiet Approach, general health and wellness; disordered eating; cooking, recipes and kitchen confidence; pantry makeovers and food shopping tours; pre and post natal nutrition.

NSW

Tara MacGregor

www.taramacgregor.com.au

Gordon, Sydney

Mob 0459 991 788

Counselling, Eating Disorders, NonDiet Approach

Supervision for Dietitians

Susan Williams, Zest Nutrition

www.zestnutrition.com.au

Penrith, Sydney

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NonDiet Approach, Eating Disorders, Adolescents, Adults

Meg McClintock, Choose Nutrition

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NonDiet Approach, Eating Disorders, all ages

Jodie Sheraton, Myrtle Oak Clinic

Ourimbah (Central Coast, NSW)

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fax: (02) 43622998

web: www.myrtleoakclinic.com.au

Multi-disciplinary Clinic (Dietitians, Psychologists, Social Worker) for Eating Disorders & Intuitive Eating

Kathryn Hawkins, BodyLove

Northside Clinic

www.nnd.com.au

Eating disorders, NonDiet Approach, general nutrition

Gabbi Heruc, Appetite for Change

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Eating Disorders (all ages)

Carlia Lozo, Welcome to Wellbeing

www.welcometowellbeing.com.au

0432 714 128

South Australia

Rhea Bergmann, Mindfuloffood

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Fullarton, Adelaide

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NonDiet Approach, general nutrition

Tania Ferraretto, Happy Healthy Me

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(08)8311 3951

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Eating Disorders (all ages)

Queensland

Kate Pollard, Centre For Integrative Health

Brisbane

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Ph: 07 3161 0845

NonDiet Approach, Eating Disorders

Shane Jeffrey, Food Mind Body Dietitians

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07 3367 1376

Eating Disorders (all), Non Diet Approach

Megan Bray

www.themovementteam.com.au

Non Diet Approach

Kerrie Hill - Figureate

Maroochydore

0407 563 700

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NonDiet Approach, general nutrition

Tasmania

Georgia Rosetto

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NonDiet Approach, general nutrition

Western Australia

Claire Ward, Allied Nutrition

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NonDiet Approach, general nutrition

Terreen Stenvers

Palmrya, Perth

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Non Diet Approach, Sports Nutrition, general nutrition

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NonDiet Approach, Eating Disorders, Gut Health